



Get yourself vaccinated.

Your protection is also the protection of the unborn child.

Some infectious diseases can also be dangerous for the unborn baby during pregnancy. Therefore, it is important for women to be fully vaccinated in time, if possible before conception.

A **flu (influenza)** infection during pregnancy can be associated with severe complications such as pneumonia requiring ventilation, and thereby affect the unborn child. The flu vaccination is well tolerated during pregnancy and protects both the pregnant woman and the new-born baby against severe influenza disease courses.

Since the risk for severe courses of **COVID-19** is increased in pregnancy, full vaccination protection should already be received before pregnancy. Vaccination or completion of vaccination protection is possible during pregnancy from the 2nd trimester onwards.

Vaccination against **pertussis** is recommended at the beginning of the 3rd trimester. It protects the vaccinated pregnant woman and, after birth, the infant against whooping cough infections via antibodies passed on by the mother.



Vaccination protection for young families.

New-born babies need our protection.

New-born babies need love, security and protection. This also includes protection against infectious diseases.

New-borns may get seriously ill from some infectious diseases and suffer permanent damage. Unfortunately, they cannot yet be vaccinated against many of these diseases in the first two months of life. Although what is known as "passive immunity" (i.e., the protection new-borns gain from antibodies passed on by the mother) offers a certain degree of protection, it is by no means all-encompassing. Even if the infant can be vaccinated later, it takes a while to build up full vaccination protection.

To prevent new-born babies from catching the disease, it is important that everyone who comes into close contact with the new-born has adequate vaccination protection. This can prevent new-born babies from becoming infected.

Close contacts are not only the mother, father and siblings, but also the grandparents, the parents' circle of friends, midwives, doctors, babysitters and other care personnel.

What is the Bavarian State Working Group on Vaccination (LAGI)?

The Bavarian State Working Group on Vaccination (LAGI) is an industry-independent association of physicians, pharmacists, the Bavarian Ministry of Health, midwives, the public health service, health insurance funds and science with the aim of providing professional and comprehensive immunisation advice for the Bavarian population. (www.lagi.bayern.de)



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Get yourself vaccinated.

Your protection is their protection.

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If you're protected, they're protected too.
Protection of the new-born

Dear Readers,

We want our children to grow up healthy and safe. We can all contribute to making this reality. Especially new-born babies' immune systems are not yet fully developed. In addition, the first vaccinations are usually only possible a little later on and also need time to take effect. So, the only thing that really helps is to avoid infections altogether.

The health of our smallest fellow citizens is particularly close to my heart. A healthy and fully vaccinated environment is the best way to protect new-born babies from infectious diseases. That's why I'm asking you to: "Help out. Get vaccinated!"

Klaus Holetschek MdL [Member of German State Parliament]
State Minister for Health and Care

You should be protected against the following infections, among others, to protect the unborn / new-born baby:

For women already **before** conception*:

- Measles, mumps, rubella
- Chickenpox
- Tetanus, diphtheria, whooping cough and polio, if applicable
- COVID-19

For women **during** pregnancy*:

- Flu (influenza)
- Whooping cough (pertussis)
- COVID-19 (from the 2nd trimester)

For close **contacts** of new-borns, if applicable*:

- Measles, mumps, rubella
- Chickenpox
- Tetanus, diphtheria, whooping cough and polio, if applicable
- Pneumococci
- Flu (influenza)
- COVID-19

***Consult your doctor about which vaccinations are recommended for you based on your age and risk profile in accordance with the current vaccination recommendations of the Standing Committee on Vaccination at the Robert Koch Institute (STIKO).**

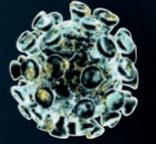
Why are these infectious diseases so dangerous?



Whooping cough



Chickenpox



Measles

Whooping cough (pertussis) is a very contagious respiratory disease that causes severe and excruciating cough attacks in children, usually over a period of several weeks. New-born babies and infants are particularly at risk of respiratory failure, and often do not present the characteristic cough symptoms. Complications of whooping cough can include pneumonia, seizures and brain inflammation causing permanent damage.

Measles are occasionally overlooked as a harmless childhood disease; however, they are one of the most contagious viral diseases and can have severe, sometimes fatal outcomes. Complications such as middle ear infections and pneumonia may develop due to a temporary weakening of the immune system.

Acute encephalitis has been reported as a rare complication in approximately one in 1000 patients. Very rarely, a late complication of measles (subacute sclerosing panencephalitis), which is always fatal, can occur several years after the initial measles infection. Children younger than five at the time of measles infection are particularly at risk.

Chickenpox is a very contagious viral disease. In new-borns and immunocompromised individuals, severe complications, such as pneumonia and in rare cases involvement of the nervous system may occur. Infection during pregnancy can result in serious developmental disorders in the child (fetal varicella syndrome).